

WELCOME TO

# The Genius Project *community*

*Digital Welcome Kit*

*Genius*  
PROJECT



## The Genius Project

is a community of Catholic women who want to live the fullness of who God created them to be.

You are welcome here and you have a place in this global tribe of incredible Catholic women living the fullness of who they are, the gifts God has placed within them and their unique and unrepeatable mission.

We can't wait for you to join us on the journey ahead.

xx  
Karen



# Contents

Welcome	4
Pillar One	12
Pillar Two	17
Pillar Three	21
Pillar Four	24





WELCOME

So Glad  
that you  
are here...

# Welcome

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## To the community

Hello and welcome to the genius project! We are so thrilled that you have joining us on what is going to be an incredible ride.

I am so excited to have you here as a part of this community of incredible Catholic women who are seeking to live the fullness of who God created them to be.

Women who have big dreams for their life. Women who want to live their vocation to the full and women who want to understand the gifts that God has uniquely given them and to use these gifts in service of the world around them.

There are so many talented beautiful, brave, intelligent gifted, creative hard working female Catholic entrepreneurs, creatives in the world today. The world is seeing is a surge of women who are really connecting with the unique gifts that are within them and activating those gifts in creative and immensely powerful, life changing and groundbreaking ways.

But would like me to share with you what unites all of these incredible women?

Would you like to know what separates the women who think about an idea and those women actually stepping into and doing the idea? Would you like to know?

# Welcome

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Well, apart from faith and the fact that they are downright amazing, what unites these women right around the world, is the knowledge that they can't go it alone!

They know that to step out into a dream, a project a vision, that mission that God has placed within them , even to step into the fullness of who God created them to be, they know that they need other women in their corner, supporting them and cheering them on.

You were never supposed to do this life alone!

God created us to be relational beings and quite often it is precisely by being in relationship that we come to know ourselves and discover the image of God within us.

Wouldn't you just love to be a part of a community of like minded women who do just that?

Women who will brainstorm with you, challenge and strategise with you and cheer you on to the fullest and most alive women that you can be. Well you know what?

You are here!

YOU are a part of this community. The Genius Project community and I am so glad you're here.

Welcome home.

# Welcome

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This is your place! You have a seat at our table and we are so thrilled to welcome you here.

This where you belong. We are going to be your tribe.

I tell you the women within the Genius Project community are incredible. I get so pumped just by being around them. They make me a better woman, more alive, more of who I am and I guarantee they are going to blow you away with their genius. And I know that you are going to blow them away with yours.

This community is about championing the unique and unrepeatable gifts within each woman.

It is a community for women.

It is a community which does not focus on what we lack but rather what we have, what is already inside us to give.

The road ahead is an exciting one and we are going to have so much fun together. It's also going to be a bit of hard work, it might be a little bit challenging at times, because let's face it without a challenge we won't grow

The Genius Project community, is where you will gain some valuable insights, strategies, wisdom and tools to help you not only find your feet but to really step into the dreams and mission that God has placed within you.

# Welcome

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This is the place where you live the abundant life that Christ spoke about. It is the place where you become most fully the image of God on this earth and it is the place where God will bring to life that which only YOU can bring.

I have seen so many women give up on their dreams and mission. Women who lack the confidence and insights to know what step to take next and women who live a life marked by a spirit of fear. This has the power to derail your entire life. Your confidence, your relationships, your parenting, your vocation.

Fear tries to tell us that we can. It tells us that will never get that breakthrough. Fear tells us not to step out - heaven forbid we might make a fool of ourself. Fear tells us we will never be enough.

But heres the truth, the truth is you are enough!!!

The truth is YOU are needed.

You are a unique and unrepeatable human person. God created you with unique gifts, talents, skills, passions, desires.

All of the things that you are passionate about, that you are good at, they are not random...they are your calling. They are your starting pint they are the clues which will lead you to your mission and purpose in Christ.

Edith Stein had a beautiful quote where she said "The world doesn't need what you have, it needs WHO you are."

# Welcome

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When you don't live the fullness of who God created YOU to be. Not only do you miss out but so does everybody else around you.

I want to share with you that when you are living in your lane. When you are living the truth of who you are, when you are using your gifts and operating in your strengths, you experience a joy that brings incredible meaning and purpose to your life.

Research shows us when we get congruence with our values, skills, strengths and those meet a felt need in the world...well that's where we experience this fullness of being alive.

Now I don't know about you, but even with the risks , thats the life I want to be living. What about you? What kind of life do you want to be living?

To live this life, we need community.

The truth is we can't and we were never meant to do this journey in isolation...we need one another. As you come into this community of women I would like to be a voice of encouragement as you start out on this journey. A person who cheers you on and provides some accountability and connects you with a host of like minded gifted Catholic women who will push you on to that next level.

You see so many women spend a lot of time talking about what they want to do. Do't get me wrong Im all for talking, planning and discerning but I'm also a doer.

Here in the Genius project we are very much about doing. We want to see women activate the gifts that God has placed within them in real, practical and tangible ways.

# Welcome

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I think the reason so many women miss or don't act on the God dream within in them is a because of fear, sacred of what people will think but also they want everything to be perfect before they step out.

But I'd let you in on a little secret... there is no such thing as perfect!!

You are much better off failing forward.

Taking what I like to call massive imperfect action.

Just do it. Try, fail and try again.

That's one of the hallmarks of a female Catholic entrepenuer .

The Genius Project is a community that is going to keep you accountable. Because when we are accountable we get stuff done. We do the work required to discover what our gifts are and where they can be used, we do the work of kick starting an idea, ministry, business or a creative project and we do that work within community.

It is in community that we keep each other on track and moving forward. When we feel like giving up, we have other women in our corner championing us and speaking truth, helping us to refine our vision and take the steps towards that vision shifting from a dream to a plan.

So if you're up for it, you're in for a heck of a ride.

So in addition to learning new skills I am going to be in your corner. Supporting and encouraging you along the way. And I would like to share a little of how I will do this.

My heart in creating the Genius project was to support women.

I remember starting our first online business almost 20 years ago and wow did we make some mistakes. I want share with you what I have learned along the way to help you avoid making some of the mistakes that I made.

I want to give you some practical skills and tools that actually work the short cuts that took me years to discover.

I can't wait to get started with you. So, grab a wine or a cuppa and get comfy as I unpack for you exactly how we are going to support you.

In the coming pages I am going to take you through the four pillars of the Genius Project Community Inner Circle. So that you can see everything that you have access to inside of this amazing members site.

There is so much goodness inside and I know you are going to love it.

As you explore through all that is on offer you might feel a bit overwhelmed but here's the thing you don't have to master it all at once. In this welcome series what I am simply doing is explaining all that is available to you in the Genius Project Community Inner Circle.

That's not to say that you have to use everything inside the program. You just need to pick and choose what is relevant or most helpful to you.

So, follow me and let's unpack these four pillars together.



PILLAR ONE

Training

# PILLAR ONE :

## Training

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This is where the good stuff happens.

The first pillar that underpins the Genius Project is high level training.

We are going to give you step by step proven strategies and tools that will help you become that woman that God created you to be and also to fulfil the unique and unrepeatable mission that he has placed within you.

I remember a time in my life where I heard about having a mission and women being an answer in the world. People would talk about women living their unique feminine genius transforming culture with this genius.

While I liked what I heard and it made sense the truth was I was actually really confused. I didn't know what my gifts were. I didn't know that God had given me a mission let alone be able to identify the gifts he had already placed within me to fulfil that mission. I didn't even know what my gifts were!!!

I wonder if you know what your unique gifts and strengths are? Do you know what your mission is? Do you know how to begin to work those things out and then actually step into them?

Well, don't worry if the answer is no. I'll let you in on a secret. The answer is no for most women.

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So many women realise that they have a purpose. A unique mission and in order to fulfil that mission they are called to recognise and cultivate the unique and unrepeatable gifts that God has placed within them.

I truly believe that one of the reasons behind this is that so many women feel guilt. We have been taught at a very young age to do and be for everybody else except ourselves. We feel guilty if we take a moment to think about what we actually want in life. How we are going to be fulfilled and then what steps do we need to take to make that happen.

The truth is, we cannot give out of an empty cup. If we are going to be effective and purposeful mothers, wives, religious sisters, career women and women who become an answer in the world today we need to realise that not only is it not selfish to invest in our own purpose it is essential. It is essential to us becoming fully who God created us to be. When we live in this truth we are living from a place of abundance and joy and this in turn become a gift to those we encounter.

We can hear these words and then ask how? How do I actually do this? How do I discover my unique gifts and mission? Then once I have discovered those things, how do I take practical steps towards making that a reality?

I believe that we need to be taught skills and be given tools to help us fulfil our mission and be who God has actually created us to be.

So, within this pillar of training you are going to have access to some really high level training. We are going to walk you through step by step strategies that you can actually put into practice. This is what you will have access to within the pillar of training;

- 4-6 week online courses
- Mastermind mentor strategy sessions
- Digital welcome kit
- Monthly live calls

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## Online Courses:

There a wide selection of online courses to choose from:

- The Genius Course
- The Kick Start Course
- The Mindset Course
- The Big Questions Course
- The Ignite Course
- The Create Course
- The Genius Project
- The Sisterhood Starter Resource

Each of these courses is designed to not only provide you with inspiration and knowledge but also equip you with practical tools, skills and strategies to take your knowledge and turn it into action.

Each course takes approximately 4-6 weeks to complete.

Within each course there are six modules. Each week a new module will be unlocked. We unlock the modules on a weekly basis instead of all modules being unlocked at once. We do this because we know that to get the most out of the courses they courses need to walked through in a sequential order with time.

If you have purchased an annual membership you will have access to all the courses.

If you have purchased one course and would like to access the other courses you could consider an annual membership. This saves you approximately \$250.00 per year.

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## Mastermind Mentor Strategy Sessions:

The Mastermind Mind Mentor Strategy Sessions run once a month. You will need to book into these via the booking page on the website. [www.geniusproject.co](http://www.geniusproject.co).

Each month you will have access to myself and another high level mentor. Together we will explore the topic of the month. Some of the topics we explore include;

- Mindset shifts
- Living a balanced life
- Discernment tools
- Business principles
- Money management
- Kick starting a passion project
- Mastering social media
- Cultivating your gifts
- Finding balance
- Entrepreneurship
- Crafting creativity

Not only will you have access to seasoned leaders and women who are lifting the roof on what's possible but you will have the opportunity to connect with other like minded women.

These sessions are run on zoom and limited places are available to ensure each woman has access to the monthly mentor to network and strategise with.



PILLAR TWO

*Support*

# PILLAR TWO :

## Support

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The second pillar of The Genius Project is the pillar of support. This pillar is crucial. Without it you will only get so far. Quite often when we step into change, growth, transformation and purpose we encounter resistance. This resistance can come from within or it can come from people around us.

No matter where it comes from this resistance has the power to derail your growth and prevent you from stepping into the promises and purpose of God for your life.

In Scripture we read that the thief comes to "steal, kill and destroy" and then Jesus goes on to say but "I have come that you would have life and have it to the full. "

Now, I'm not sure about you but the life that I want to be living is the abundant life which Christ speak of in Scripture. But in order to really step into this abundant life and experience the transforming power of Christ in our lives we need a community of like minded women around us. Women who can keep us accountable, encourage and inspire us. Women, who have wisdom to share about how they navigated particular seasons of life and mission.

You see, you were created in relationship and for relationship. You are not supposed to go through this life alone.

Under this pillar of The Genius Project we really want to support you.

You are not supposed to go it alone. I know so many women whose dreams fizzle out, women who abandon the call of God on their life because they were isolated.

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## Support:

I don't want that to be you!

The Genius Project, is, before anything else a community.

It is a community of Catholic women who are;

- Committed to championing the gifts in one another.
- Focused on an abundance mentality rather than scarcity mindset which focuses on what is lacking.
- Striving for sainthood through a personal relationship with the person of Jesus Christ.
- Supportive, encouraging, and positive about the growth and wins of other women.
- Living life in their lane rather than living by comparison.
- Committed to becoming the most whole version of themselves in a relationship with Jesus Christ.
- Committed to discovering and then activating the gifts which are uniquely theirs to give.

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## Support:

How can you access this supportive community:

- Join the private facebook group:
  - This is an awesome way to connect with like minded women. Don't be shy. Introduce yourself, share where you are at. As women share you will find connections are made , wisdom and advice is shared and encouragement is found. You will realise you are not alone in your fears, the barriers you face, or the disappointments
- Register for a Mastermind Mentor Session:
  - Here you will receive support from seasoned leaders. Women who have walked the road ahead and have wisdom to offer you. They will show you how they navigated certain challenges, how they overcame their fears.
- Submit a question:
  - Once a month we will host live calls where you have the the option to submit one questions once a month. These are a great way to access advice and input as the questions come up for you.
  - You can submit a question via the Submit a question form on the Support page of the Welcome videos.



PILLAR THREE

*Events*

# PILLAR THREE :

## Events

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Pre-covid we had lots of incredible events planned but with social distancing and travel restrictions these live events are not possible at the moment.

There is nothing like the power of coming together and the electric energy that exists in a room when women of like mind and spirit start sharing their individual dreams, it is seriously amazing!

Just being with other women inspires you to lift the lid on your own life and push the boundaries of what's really possible.

So, because live events are currently off the cards we are going to be hosting an incredible Genius Project live virtual event.

Let's face it Covid is taking a toll on people. But what if you were able to use this time of isolation to really lay some solid ground work, to up-skill and learn new innovative ways to take your creative ideas passions and projects and bring them to life?

So that when Covid ends you are ready to hit the ground running.

I would love for you to join myself and an incredible line up of female catholic mentors entrepreneurs creatives and business women in a 2 day live virtual event.

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## Events:

Most of these have been done on zoom mic teams , which work great but the platform we will be hosting this event on is unique- instead of just watching videos online it gives you an experience- just like you were sitting at a live event. We will give you the opportunity to interact with presenters, meet other women and get fed by some amazing content.

Recently my husband and I hosted a live virtual event for over 1000 teachers in the USA and it was a huge success. Like it was so much better than I imagined.

The feedback was off the scale so now we are bringing you the Genius Project virtual event. And we cant wait.

Going forward we will be hosting two of these events a year. You can purchase a ticket by clicking on the link below.

When I say this event is next level I mean it. This live event is like nothing you have experienced.

This live genius event is for Catholic women wanting to grow in skill and vision, women who want to discover their unique gifts, their strengths, their genius zone and then how they can activate those gifts in service of the church and the world around them.

It is for women who have a passion project and want to make it something more and women who want to have tried to kickstart an idea but it's hasn't got the traction you were hoping for. It is an event for women who have buried then dreams in their hearts for far too long. It is for women who don't event know what their dream is but they do know they want more, they want to be more, they want to give more.

Even if you don't know why but you just want to connect make sure you register to secure your seat as places are limited in each event.

These events are a fabulous opportunity to connect, network, be inspired.



# PILLAR 4

Prayer

# PILLAR FOUR :

## Prayer

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The final and the foundational pillar of The Genius Project is prayer.

Everything we do must come from this place. Otherwise we are just like all the other personal development groups out there. But the thing is, we aren't just like the other groups out there.

We are Catholic and that sets us apart.

It changes our mission, our focus and the whole why behind what we do and importantly how we do it.

In scripture Jesus tells us that apart from him we can do nothing. So before you start dreaming, planning and building you have got to go back to the foundation of prayer.

In scripture we read about the man who built his house on the sand, which ultimately was an unsustainable foundation. The storms came, the knock of life came and the house was not able to stand. But the house that was built on the sturdy foundation rock survived.

The same is true of our lives.

I'll be honest with you. I have watched people build businesses, build ministries, build projects and the ones that have gone onto soar are the ones who grounded themselves in a life of prayer.

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## Prayer:

They developed the habit very early on of leaning into the gentle voice of God leading them.

Now I don't know about you but after being at this for some time now I know without any doubt that I don't want to do anything without Gods blessing.

We need the Lord to achieve the call on our life. Otherwise our doing becomes about us. One of the defining qualities of Catholics working for the kingdom is they are focused on the why behind what they do.

Everything we do if for the glory of God. Not for ourselves but to glorify him.

We can only walk in this level of humility through a life of serious prayer.

How do you incorporate a life of prayer?

- Develop a routine.
  - Set time aside at the start and end of the day.
- Set up a place:
  - A chair, bible, candle, icon, cross. Something that will orient your focus to Christ.
- Use the examination of Conscious.
  - Using this tool can be very helpful in keeping our focus on Christ and examining our motives.

GENIUS PROJECT

*Community*

# Prayer

*Dear Lord,*

We thank you for the unique gifts that you have placed within each one of us. May we always be focused on how we can serve you and those around us with these gifts.

Please send your Holy Spirit to be our divine inspiration and guide. Help us to be transformed more into your image every day.

Reveal to us the obstacles which hold us back and grace us with the courage and strength to step into the fullness of who you have created us to be.

Keep us focused on the reason behind why we do what we do- to bring glory to you.

We honour you with our life and gifts.

We commit all we do to you.

In Jesus name we pray

*Amen*



# TGP

The Genius Project

[www.geniusproject.co](http://www.geniusproject.co)

